



Baked Apple (makes 4)

Ingredients:

- 4 cooking apples
- 1 x tbs butter
- 3 tbs brown sugar
- 4 tbs raisin and apple granola (or whatever you like!)

Method

- Preheat oven to 180 degrees
- Wash apples and remove the core - best done with an apple corer
- Sprinkle sugar over apples and top with a dot of butter and a splash of boiling water
- Bake for approximately 20 minutes until soft but firm enough to retain shape.
- Stuff with your special gourmet granola

Enjoy!

Tip: Serve with a good quality vanilla ice-cream. Raisin and apple granola works well - for extra spice!